



HOST(KISII UNIVERSITY)

SPONSOR



6TH INTERNATIONAL NUTRITION AND DIETETICS SCIENTIFIC CONFERENCE 2026

CALL FOR STUDENT ESSAY COMPETITION

THEME: "Excellence in Nutrition Practice: Science, Innovation and Impact"



DATES:

9th – 13th
November 2026



VENUE:

Kisii University Hybrid
Conference (Physical & Virtual)

The Kenya Nutritionists and Dieticians Institute (KNDI) invites students to showcase their ideas and perspectives through a short essay competition.

Choose ONE Sub-theme:

1. Evidence-Based Practice, Applied Research, and Indigenous Knowledge of Foods.
2. The Triple Burden of Malnutrition Across the Life Cycle.
3. Nutrition Policy, Guidelines, Governance, and Health Systems Strengthening.
4. Food Systems, Nutrition-Sensitive Agriculture, Food Fortification, Value Addition, and Nutrition Impact.
5. Innovation, Technology, and Entrepreneurship in Nutrition Practice.
6. Lifestyle Diseases, Public Health, and Integrated Medical Solutions.

Benefits of Participating:

- Showcase your ideas at a leading nutrition scientific forum
- Gain recognition and professional exposure
- Receive a certificate of participation
- Network with nutrition professionals and fellow students

STAND A CHANCE TO WIN:

- ✓ Monetary Gift (Cheque) +
- ✓ Certificate of Excellence Award+
- ✓ Conference Recognition
- ✓ **The overall winner shall be awarded a two-night stay at a good hotel.**



Why Participate?

- Share your voice on the future of nutrition
- Build your academic and professional profile
- Develop critical thinking and scientific writing skills

Eligible Student Participation Tracks:

- Certificate students.
- Diploma students.
- Degree students.

Submission Requirements:

- Essay has 650-3000 words, 1.5 Spacing, Times New Roman Font, Font Size 12
- Submit as **Microsoft Word Document (.doc/.docx)**
- Original, analytical, and solution-oriented essay

SUBMIT HERE:

<https://conferences.kndi.institute/series/6#submit>

DEADLINE:

20th
October 2026

ENTRY FEE:

KES 1,000
PER ENTRY

LECTURERS & TUTORS:

Encourage your students to participate and give them a platform to showcase their ideas, creativity, and passion for shaping the future of nutrition.

CONTACT US

CONFERENCE DIRECTOR

Dr David Omondi Okeyo (MSc, PhD, MPH, RPHNS)

- ✉ Email: ceo@kndi.institute
- ☎ Tel No: +254112514865/+25473860882
- 🌐 KNDI website: <https://www.kndi.institute/>

JOURNAL OF NUTRITION AND DIETETICS, NAIROBI.

Kenya Nutritionists and Dieticians Institute.

- ☎ Tel No: +254112514865/+25473860882
- ✉ Email: atri@kndi.institute | kndijournal@kndi.institute
- 🌐 KNDI website: <https://www.kndi.institute/>
- 🌐 Kisii University Website: <https://kisiuniversity.ac.ke/>