REPUBLIC OF KENYA

KNDI
Kenya Nutritionists & Dieticians Institute

Setting gold standards in nutrition and dietetics

REPUBLIC OF KENYA, CAP 253B
ACCREDITATION COMMITTEE
27 OCT 2026
P. O. BOX 20436 - 00100,
NAIROBI

Mavoko Sub-County, Sabaki Area, Opposite Kenchic Farm Adjacent to Valley View Hospital, Mlolongo

P.O BOX 20436-00100, NAIROBI
0738 608 882/0112 514 865
www.kndi.institute

Official Emails:

Examination Unit
exam@kndi.institute

Copy to:

Chief Executive Office
ceo@kndi.institute

Cap 253B
An Act of Parliament to provide for the training, registration and licensing of nutritionists and dieticians; to provide for the regulation of the standards, and practice of the profession; to ensure their effective participation in matters relating to nutrition and dietetics, and for connected purposes

[Act No. 18 of 2007, L.N. 130/2008.]

Sector: Health

KNDICEO/EXAMS/27/10/2026/14 Tuesday, October 27, 2026

Dear Candidates,

Instructions to Applicants in Readiness for the November 2026 Online Licensing Professional Examinations

All **APPROVED** applicants for the November 2026 Written Licensing Professional Examinations are expected to have **ACCESS KNDI ONLINE SERVICE PORTAL** for accessing updates on all examination's procedures. Anyone who **HAS NOT OPENED AN ACCOUNT SHALL NOT** be able to access and sit for the professional examinations.

The examinations at the various levels of profession are scheduled below;

Certificate level applicants shall sit for one paper

1. Nutrition and Dietetics Technician Professional Examinations

Diploma level applicants shall sit for two papers

1. Paper 1: General paper in nutrition and dietetics for both specialties (Dietetics or Nutrition)
2. Paper 2: Specialized as per the chosen area (Dietetics or Nutrition) for each applicant

Degree level applicants shall sit for two papers

1. Paper 1: General paper in nutrition and dietetics
2. Paper 2: Specialized as per the chosen area for internship/oral examination

Table 1: Examination specifications for the various levels

LEVEL	EXAMINATIONS SPECIFICATIONS
Technician Professional Examination **(Certificate Level)**	1. Certificate level examination paper shall comprise of **60 questions** 2. The examination shall run for 2 hours 3. Candidates are expected to take **2 minutes to answer each question** 4. There will be **NO MOVING BACK** to a previously answered question 5. Candidates are expected to answer **ALL** the questions within the 2 hours
Technologist Professional Examination **(Diploma Level)**	1. Diploma level examination paper shall comprise of **50 questions** 2. The examination shall run for 1 hour 45 minutes 3. Candidates are expected to take **2 minutes to answer each question** 4. There will be **NO MOVING BACK** to a previously answered question 5. Candidates are expected to answer **ALL** the questions within the 1 hour 45 minutes
Nutritionist/Dietician Professional Examination **(Degree Level)**	1. Degree level examination paper shall comprise of **50 questions** 2. The examination shall run for 1 hour 45 minutes 3. Candidates are expected to take **2 minutes to answer each question** 4. There will be **NO MOVING BACK** to a previously answered question 5. Candidates are expected to answer **ALL** the questions within the 1 hour 45 minutes

Table 2: Timetable for November 2026 Licensing Professional Examinations

DATE	LEVEL	EXAMINATION PAPER	NAME OF LICENSING PROFESSIONAL EXAMINATION
02/10/2026	Certificate	Paper	1. Nutrition and Dietetics Technician
03/10/2026	Diploma	Paper 1	1. Nutrition Technologist 2. Dietetics Technologist
04/10/2026	Diploma	Paper 2	1. Nutrition Technologist 2. Dietetics Technologist
05/10/2026	Degree	Paper 1	1. Clinical Nutrition 2. Clinical Dietetics 3. Food Service Diet Therapist 4. Public Health Nutrition 5. Community Nutrition 6. Food Science Nutrition
06/10/2026	Degree	Paper 2	1. Clinical Nutrition 2. Clinical Dietetics 3. Food Service Diet Therapist 4. Public Health Nutrition 5. Community Nutrition 6. Food Science Nutrition

Note to all Applicants; Read the following instructions carefully

1. Examinations shall be accessible in the accounts of applicants for 2 hours.
2. The first 20 minutes shall be used for preparation.
   A candidate shall be required to upload a **REAL TIME IMAGE** of him/her (self) within the first 20 minutes before commencement of the examination.

   NB; REAL TIME IMAGE is defined as a photo **(jpeg format)** of the candidate **on the day of examination**.
   Any photo taken or uploaded outside this period shall be rejected by the system.
   In addition, on the day of examination a candidate is expected to position him/her (self);
   a) Where there is **STABLE NETWORK CONNECTIVITY** to run for the entire examination period
   b) In a **SILENT ENVIRONMENT** to sit for the examination
3. A **SPECIFIC LINK** shall be **SENT TO THE APPLICANT'S ACCOUNT** and **EMAIL BEARING THE EXAMINATION PAPER TO BE DONE** on the material day.
   a) Once the candidate has accessed the link to the examination in the account, the examination shall **START STRAIGHTAWAY AND RUN FOR THE 2 HOURS ALLOCATED**.
   b) Take note that **THE LINK IS USER SPECIFIC (no sharing).**
4. Candidates can use a computer or a smart phone to answer examination questions. For purposes of uploading real-time photos before the examination, **CANDIDATES SHOULD USE A LAPTOP OR A SMART PHONE WITH A GOOD WORKING CAMERA**.
5. A data bundle of 2GB is sufficient for the entire examination period.
6. Provisional results shall be real time as soon as the examination paper is completed within the provided time slot.
7. Consolidated results shall be channeled to the students within 10 working days

For inquiries call; 0738 608 882 or 0112 514 865

Regards



Dr. David Okeyo Omondi (MSc. PhD, MPH, RPHNS)
CHIEF EXECUTIVE OFFICER

