

**KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE**

**Time Table for Evening Classes**

Upgrade Subjects;

**Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)**

**WEEK ONE: Human Biology and Basic Mathematics**

DATE	DAY	SUBJECT	TIME
21 <sup>st</sup> October 2024	Monday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
22 <sup>nd</sup> October 2024	Tuesday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
23 <sup>rd</sup> October 2024	Wednesday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
24 <sup>th</sup> October 2024	Thursday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
25 <sup>th</sup> October 2024	Friday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
26 <sup>th</sup> October 2024	Saturday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
27 <sup>th</sup> October 2024	Sunday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm

**WEEK TWO: Human Biology and Basic Mathematics**

DATE	DAY	SUBJECT	TIME
28 <sup>th</sup> October 2024	Monday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
29 <sup>th</sup> October 2024	Tuesday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
30 <sup>th</sup> October 2024	Wednesday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
31 <sup>th</sup> October 2024	Thursday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
1 <sup>st</sup> November 2024	Friday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
2 <sup>nd</sup> November 2024	Saturday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm
3 <sup>rd</sup> November 2024	Sunday	Human Biology	4:00 – 6:00 pm
		Basic Mathematics	6:15 – 8:15 pm


  
 REPUBLIC OF KENYA, CAP 253B  
 ACCREDITATION COMMITTEE  
**14 OCT 2024**  
 P. O. BOX 20436 - 00100,  
 NAIROBI

**KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE**

**Time Table for Evening Classes**

Upgrade Subjects;

**Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)**

**WEEK THREE: Basic Chemistry and English (Grammar and Writing)**

DATE	DAY	SUBJECT	TIME
4 <sup>th</sup> November 2024	Monday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
5 <sup>th</sup> November 2024	Tuesday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
6 <sup>th</sup> November 2024	Wednesday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
7 <sup>th</sup> November 2024	Thursday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
8 <sup>th</sup> November 2024	Friday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
9 <sup>th</sup> November 2024	Saturday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
10 <sup>th</sup> November 2024	Sunday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm

**WEEK FOUR: Basic Chemistry and English (Grammar and Writing)**

DATE	DAY	SUBJECT	TIME
11 <sup>th</sup> November 2024	Monday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
12 <sup>th</sup> November 2024	Tuesday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
13 <sup>th</sup> November 2024	Wednesday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
14 <sup>th</sup> November 2024	Thursday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
15 <sup>th</sup> November 2024	Friday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
16 <sup>th</sup> November 2024	Saturday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm
17 <sup>th</sup> November 2024	Sunday	Basic Chemistry	4:00 – 6:00 pm
		English Upgrade	6:15 – 8:15 pm



**KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE**

**Time Table for Examinations**

Upgrade Subjects;

**Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)**

Professional Upgrade Examinations

DATE	DAY	SUBJECT	TIME
18 <sup>th</sup> – 28 <sup>th</sup> November 2024	Individual student revision for upgrade examinations		
29 <sup>th</sup> November 2024	Friday	Basic Chemistry Exams	9:00 – 12:00 pm
		Human Biology Exams	2:00 – 5:00 pm
30 <sup>th</sup> November 2024	Saturday	Basic Mathematics Exams	9:00 – 12:00 pm
		English Upgrade Exams	2:00 – 5:00 pm

**Note;**

1. All classes shall be conducted online via zoom platform.
2. Students are expected to use smart phones, tablets or laptops to attend/enroll for classes.
3. Students to make arrangements for their own bundles.
4. Students must attend all revision classes

