

Smiles Nutrition & Wellness Centre

Goal

To ensure you receive evidenced based nutrition recommendations and service for managing and achieving your personal nutrition goal (make you fit for life).

We offer

1. Nutritional and diet counseling based on individual requirements
2. Nutritional management in chronic illnesses such as cancer, diabetes
3. Nutrition Health talks and wellness events/programs to corporates
4. Physical fitness and sports nutrition

We collaborate/partner with other health care professionals that are qualified and licensed including diabetic nurses and physiotherapists

We are located at United Mall (Tuskys) in Kisumu along Kisumu- Kakamega road.

For more information you can contact us via **0716191306** or Email: kisumusmiles@gmail.com to book an appointment with our nutritionists or team