

THE 3RD INTERNATIONAL CONFERENCE IN THE SERIES OF NUTRITION AND DIETETICS

JND Conference 2023 Call



Organizers: The Journal of Nutrition and Dietetics (JND) Nairobi

Dates: 25th to 29th September 2023

Venue: Kenya Nutritionists and Dieticians Office Complex, Mlolongo, Kenya.

Mode of Delivery: Both Physical and Virtual Blend

1.0. BACKGROUND

1.1 About KNDI

Kenya Nutritionists and Dieticians Institute (Nutritionists and Dieticians Act 18, 2007) is established under (Cap 253B) as a state corporation regulatory authority on matters related to Nutrition and Dietetics in Kenya. Under section 6(e) of the Act, the institute is to research and provide public education on Nutrition and Dietetics issues in Kenya and beyond. This core function now delegated to ATRI PLC which currently host the Journal of Nutrition and Dietetics and has obligations to partner with various research institutions and scientists globally.

1.2 About KNDI's ATRI Centre for Research, Innovation and Publication

The programme enables ATRI-PLC and by extension KNDI to respond proactively to nutrition challenges of the coming millennium by engaging in priority area researches either actively or through training institutions and such bodies that deal on matters related to nutrition and dietetics in Kenya. The research policy to guide this process seeks to provide a framework for the undertaking of

nutrition research by nutrition and dietetics scientists both in academia and programming areas. The overall goal is to strengthen nutrition research done in training institutions in Kenya and beyond. This core function is being achieved through a platform where researchers from different parts of the world share their latest research outputs that would drive the agenda for nutrition education in order to spearhead the dissemination of innovative scientific knowledge in the field of Nutrition and Dietetics.

1.2 About 2023 Conference

1.2.1 Food Systems and Nutrition in Population Health

This conference comes at a very critical time. The Global Nutrition Report 2022, while discussing Food Systems and Nutrition Equity, highlights that;

“Imbalances in food systems are major drivers of dietary and Nutrition inequities, and they can restrict access to healthy diets or promote low-quality diets. Therefore, there is a need for food systems to: go beyond a narrow focus on energy intake; reduce the dominance of cereal production (maize, rice and wheat); and increase the availability of healthy foods such as fruits and vegetables, nuts and whole grains.

The food environment, where consumers make decisions about what to eat, is inequitable for many in terms of physical access, affordability, targeting of advertising and marketing and quality of foods. Thus, the interconnected causes of inequities in food systems require an integrated response at global, national and local levels, bringing together the capacity of multiple sectors. An equity-sensitive approach to food systems that delivers healthy diets would seek to reduce inequities and directly address food availability, accessibility and price in local food environments. Addressing inequities within food systems is ultimately about addressing power imbalances: amplifying the voice of those excluded, and holding the powerful to account.”

An in-depth systematic review by (Løvhaug et al., 2022) on the potential of food environment policies to reduce socioeconomic inequalities in diets and improve healthy diets among lower socioeconomic groups reveals that food taxation may reduce socioeconomic inequalities in diets. However, for all other policy areas, the evidence base was poor. Current research largely fails to provide good quality evidence on the impacts of food environment policies on socioeconomic inequalities in diets. Research to fill this knowledge gap is urgently needed.



1.2.2 Themes and Sub-themes of 3rd international conference in the Series

The **Theme** of this conference is “**Sustainable Food Systems, Diet, Health Inequalities and Policy**”

The Theme will be discussed under the following **sub-themes and symposiums**:

1. Food Systems in Sustainable Development
2. Maternal, Infant and Young Child Nutrition and Health Policy
3. Insect-based Diet/Entomophagy, Food Security and Policy
4. Waste Management, Diet and Policy
5. Food systems, Diets and Health Lifestyle
6. Technological approaches in the food system
7. Agricultural practices and food systems value chain
8. Indigenous knowledge and plant-based diet



2.0 PURPOSE, OBJECTIVES AND OUTPUT

2.1 Purpose

To bring together the community of practitioners in Nutrition and Dietetics for knowledge sharing and discussions as part of scaling up the nutrition to enhance population health.

2.2 Objectives

The following objectives shall guide this conference:

1. Identify key research and knowledge gaps in food systems and nutrition.
2. Inspire global and regional research that will lead to peer-reviewed publications and scientific reports, co-designed and co-produced knowledge leading to effective and inclusive nutrition and dietetics practices.
3. Stimulate new areas of research in Nutrition, dietetics and food systems.
4. Discuss global and regional nutrition and dietetics agenda and develop policy briefs to inform nutrition action plans and scale up the nutrition movement.
5. Create a platform for technical expertise and professionals to build a framework for developing wellness centres as first-line preventive mechanisms.
6. Initiate global, regional and local collaboration and networking among scientists to push the roles of food systems in population health.

2.3 Conference Outputs

1. A wide collection of scientific research shared from different sub-themes of the conference with a focus on food systems, sustainable development and population health.
2. High-quality manuscripts and abstracts peer-reviewed and published in the Journal of Nutrition and Dietetics.
3. Evidence-based policy briefs developed from several research findings and proceedings to inform policymakers on food systems and population health.
4. Collaborative networks created to move the health, nutrition and dietetics agenda forward.

3.0 COLLABORATIONS AND PARTNERSHIPS

The JND Nairobi will collaborate with partners across Africa, to successfully deliver powerful empirical resolutions “**Sustainable Food Systems, Diet, Health Inequalities and Policy.**” The following collaborators are already brought on the table to partner in this agenda.

3.1 Universities

1. Mt. Kenya University

Mount Kenya University (MKU) is a Chartered University in Kenya, committed to a broad-based, holistic and inclusive education system, with Footprints in Kenya, Rwanda, Uganda, Hargeisa, Burundi & Gorowe.

2. ACEPHAP, Bayero University

The African Centre of Excellence for Population Health and Policy (ACEPHAP) is one of the World Bank-supported African Centre of Excellence, which is aimed at strengthening interdisciplinary approaches to promote population health outcomes through training and research for evidence-informed policy development in West and Central Africa. Bayero University in Nigeria hosts ACEPHAP.

3. Sokoine University of Agriculture

Sokoine University of Agriculture (SUA) is a public University based in Morogoro, Tanzania. The university is located on the slopes of the Uluguru mountains. SUA is best known for offering courses and programmes widely in a field of Agriculture, Veterinary Science, Forestry, Animal Science, Wildlife Management, Tourism Management, Environmental Science, Food Science, Natural Resources, Nutrition, and Rural Development, since its establishment.

4. Nelson Mandela University

Nelson Mandela Metropolitan University (NMMU), South Africa, opened on 1st January 2005, the result of the merging of the PE Technikon the University of Port Elizabeth (UPE) and the Port Elizabeth campus of Vista University (Vista PE). The union of these institutions resulted from the government's countrywide restructuring of higher education – intended to deliver a more equitable and efficient system to meet the needs of South Africa, the continent and the world in the 21st century.

5. University of Pretoria

The University of Pretoria (UP) is a seven-campus public university with its largest campus in the heart of Hatfield, the picturesque diplomatic hub of South Africa's capital city. It's among the world's leading research universities; UP offers high-quality teaching, learning and research

expertise across all nine faculties, including South Africa's only Faculty of Veterinary Science and Africa's top Faculty of Law and business school.

3.2 Non-Governmental Organizations

1. Slow Food Kenya

Established in 2014, Slow Food Kenya is an affiliate of Slow Food International, a global, grassroots organization founded in 1989 to prevent the disappearance of local food cultures and traditions, counteract the rise of fast life and combat people's dwindling interest in food they eat, where it comes from and how our food choices affect the world around us. Slow Food Kenya aims to defend food biodiversity (local and indigenous food), promote Agroecology and advocate for a better food system. The association supports small-scale farmers to rediscover themselves and promote their cultural food traditions with pride and dignity. Today, Slow Food Kenya brings together over 60 local chapters (Convivia) and Food communities that are spread over fifteen Counties involving thousands of small-scale farmers, students, indigenous communities, cooks, and academics, among others.

2. Healthy Foods Africa

Healthy Food Africa is a research & innovation project aiming at more sustainable, equitable and resilient food systems in 10 African cities. The project is a collaborative effort by 17 partners in Europe and Africa, funded by the European Union Horizon2020 programme.

3. Columbia Global Centres-ANSTC

The African Nutritional Sciences Research Consortium (ANSRC), established in the Columbian Global Centres in Nairobi, brings together academic and research institutions from across the East African region to build a PhD training program in basic laboratory research in nutritional and agricultural sciences.

4. INRAE (National Research Institute for Agriculture, Food and the Environment)

INRAE is France's new National Research Institute for Agriculture, Food and Environment, created on January 1, 2020. It was formed by the merger of INRA, the National Institute for Agricultural Research, and IRSTEA, the National Research Institute of Science and Technology for the Environment and Agriculture.

3.3 UN Agency

FAO-Kenya

FAO's Representation in Kenya was established in 1977. FAO's mission is to work with the Government of Kenya (GoK) to help build a food-secure country, free of hunger and malnutrition, where food and agriculture contribute to improving the living standards of all, especially the poorest, in an economically, and socially and environmentally sustainable manner.

3.3 Food Companies

1. Weetabix

Weetabix is a trusted and highly recommended cereal in East Africa. Weetabix original has undergone the value chain product analysis by KNDI and has been endorsed by KNDI.

2. Brookside Dairy Milk

Brookside Dairies was established in 1993 by members of the Jomo Kenyatta Family, including his son Uhuru Kenyatta, who was elected President of Kenya in 2013. In 2009, the Gulf-area-based private equity firm Abraaj Capital paid US\$18.7 million for a 10 per cent shareholding in the business. In 2014, French yoghurt maker Danone paid an undisclosed sum to acquire a 40 per cent stake in Brookside. Beginning in 2013, Brookside has expanded by buying stakes in rival milk processing plants in Kenya, Uganda, Ethiopia and Nigeria.

3. Pwani Oil Company

In 1981, three minds came together to build what is Kenya's most iconic manufacturer of edible oil and fats company, Pwani Oil Product Limited. Pwani Oil produces cooking oil and has impacted the washing and cleaning industry with excellent laundry and bathing soaps. Pwani Oil products are distributed across East Africa. Their cooking oil, Fresh Fri, has undergone KNDI Value Chain Analysis and is now endorsed by KNDI. All Pwani Oil Products have been certified by KEBS and HALAL. Pwani Oil Products Ltd is a proud member of the UN Global Compact.

4.0 SIDE EVENTS

4.1 Conference Workshops

The conference shall have four pre-conference workshops under the highlighted areas below, and persons who would like to host the workshops are invited to submit 350 words Abstract with the workshop's details and the participants' learning objectives. One or more persons can run the workshop; therefore, the persons running the workshops should be included as part of the submission.

The workshops will be held between the 25th and 26th of September, 2023. Each workshop will be ten hours and run in a classroom style, and each participant will receive a certificate upon completion. Conference Workshop areas.

1. Nutrition and the Human Gut Microbiome
2. Intermittent Fasting or Time-Restricted Feeding
3. Performance Nutrition
4. Translating Nutrition Research to Policy and Practice.
5. Nutrition sensitive and Agriculture

4.1 Panel Discussions

The conference targets three areas of panel discussions as follows:

- 1 Position of food industry in food systems and ethical foods supply
- 2 Politics and Genetically Modified foods
- 3 Social Marketing and Technology contributions on Food Systems and Ethics

5.0 CPD POINTS AWARD DURING THE CONFERENCE

The conference will be an opportunity to ensure that nutritionists and dieticians are kept abreast of the new developments in preventive as well as curative services and will enable professionals to earn CPD points as per https://www.kndi.institute/notices/kndi_cpd_notice.pdf

Table 1: CPD points awards during the conference for nutritionists and dieticians in Kenya**Activity number of CPD points**

Participants	
1. Attendance of the Conference for one day	2 points
2. Attendance of the Conference for two days	4 points
3. Attendance of the Conference for three days	6 points
4. Attendance of the Pre-Conference Workshop	1 point per workshop
Presenters	
1. Keynote Speakers	8 points
2. Oral and Poster paper presentations	5 points
3. The principal author of a published paper	10 points
4. Co-author of a published paper	6 points

6.0 ABSTRACT SUBMISSION AND DEADLINES

The Deadline for Submission is 30th May 2023. The Abstracts shall be submitted through an online portal. The link for the same shall be opened as from 4th of April, 2023. You shall be notified on Abstract is accepted by 1st August 2023.

7.0 CONFERENCE PARTICIPATION FEE

The conference shall have different fees for both virtual and physical participants, as shown below

Table 2. Individual Registration Fee

ACTIVITY	Physical Participants	Virtual Participants
<u>Category A: Conference only</u>		
1. Students		
 Africa Region	200 USD	50 USD
 Outside Africa	300 USD	100 USD
2. Researcher and Non-student		
 Africa Region	350 USD	100 USD
 Outside Africa	550 USD	150 USD
<u>Category B: Workshops only</u>		
 Other Africa Region	100 USD	50 USD
 Outside Africa	200 USD	150 USD
<u>Category C: Conference +Workshop</u>		
1. Student		
 Africa Region	250 USD	75 USD
 Outside Africa	350 USD	125 USD
2. Researcher and Non-student		
 Africa Region	400 USD	150 USD
 Outside Africa	550 USD	200 USD
Category D: Pre-service Students	75USD	30USD
Category E: Panel Discussion (Free for registered participants)		

Table 3 Advertisement and Exhibitions

ADVERTISEMENT	Costs (USD)
Virtual Clip , maximum 3 minutes	250
Bronze 2 companies are sharing a tent, two tables & 2 chairs, and six complimentary water bottles.	500
Silver Exclusive tent, three tables & chairs, Electricity, eight daily complimentary bottles of soda and water	750
Gold A package for corporates or those who identify as such. This is inclusive of an Exclusive tent, 8 daily complementary soda and water, 3 tables & chairs, Location advantage, access to power.	1000

Table 4. Sponsorships opportunities

Sponsorship Category	Cost (USD)
✚ Diamond ✚ Featured in all KNDI events and platforms for one year as a partner ✚ Logo on the main page of the sponsored conference ✚ Company information, brochures, or other materials distributed at any association event ✚ Five waived conference registration fees for sponsor's representatives including gala dinner ✚ Sponsor banner at the meeting locations ✚ One keynote/invited speech of a sponsor representative ✚ Conference awards in the name of the sponsor ✚ Free exhibition	10,000
✚ Platinum ✚ Featured in all KNDI platforms for half a year. ✚ Logo on the main page of the sponsored conference ✚ Four waived conference registration fees for sponsor's representatives including gala dinner ✚ One keynote/invited speech of a sponsor representative ✚ Welcome address during cocktail party and dinner ✚ Conference awards in the name of the sponsor ✚ Free exhibition	5,000

NOTE: The conference fee for Physical Participants excludes accommodation fees but covers meals.

8.0 PAYMENT DETAILS

All payments are to be made through:

1. M-Pesa:

Pay bill no 975775;

Account No; Conference 2023

Or

2. Bank Details

Bank name: NCBA Bank

Account Name: Kenya Nutritionists & Dieticians Institute

Account Number: 5188760013

Swift code: CBAFKENX

Bank Code: 07

Branch Code: 300

Purpose for payment: Conference 2023#

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Call for Abstract