



KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE

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INTERNSHIP GUIDELINES (BRIEF VERSION)

1.0 General Information

The Internship program seeks to provide a wide variety of opportunities to graduate students to become professionals in the broad fields of nutrition and dietetics. This is an opportunity for them to build their professional expertise in the area they have chosen to serve as professionals.

One of the purposes of the KNDI is to prepare competent nutritionists and dieticians for entry into the profession by providing applied professional experiences which satisfy the requirements for eligibility to take the registration examination modules in respective professional disciplines in nutrition and dietetics.

The Internship builds on the theoretical knowledge of an undergraduate degree in nutrition, dietetics based on the prescribed KNDI BSc. core curriculum. Completion of the Internship establishes eligibility to take the KNDI national professional examination required to become a registered nutritionist or dietician and satisfies requirements for professional recognition at KNDI. The Internship at KNDI provides students with the requisite skills, expanded knowledge base and experiential background necessary to function as entry-level nutritionist or dietician with well-defined professional niche.

1.2 Aims and purpose of internship training

- i. To build competencies for all graduate students who have successfully gone through KNDI approved syllabus in six domains of the profession of nutrition and dietetics.**
- ii. To prepare all intern for competency oriented modular professional examination targeting six professional domains.**
- iii. To ensure that all Bachelor of Science graduates in nutrition and dietetics are licensed to practice as professionals in nutrition and dietetics within six areas of professional focus.**
- iv. To build community of practice among nutrition and dietetics professionals.**
- v. To ensure existing database for qualified nutrition and dietetics professionals for the purpose of human resource planning in various service delivery departments.**

1.3 Regulations pertaining to Internship- duration

Internship programme targets indexed graduate students from institutions accredited to teach nutrition and dietetics and this programme shall run for one calendar year.

1.4 Rationale for Internship training

For effective competency oriented training and quality nutrition and dietetics service delivery, there is need to build competencies of fresh graduates to make them fully equipped with skills and license them to practice within the profession of nutrition and dietetics. The internship programmes will also benefit institution hosting the interns, the students undergoing internship programme and the Kenyan population being served. The institutions hosting interns shall have additional manpower to offer services to their clients and reduce workload for the staff in nutrition and dietetics departments.

1.2 Internship framework

KNDI has developed an internship framework that allows graduates of nutrition and dietetics to develop professional expertise in various disciplines of nutrition and

dietetics in line with the scope of practice. Having recognised that the profession of nutrition and dietetics is wide and diverse, KNDI as professional body has defined core areas of internship based on the expected scope of work in the field of nutrition and dietetics in Kenya and beyond. These core professional areas shall also define Continuous Professional Development (CPD) path for the nutrition and dietetics graduates. The framework creates two categories of professionals within the broad scope. These are:

- i. A nutritionist
- ii. Dietician

A nutritionist will have specific path defined by the discipline chosen during internship program. The framework identifies four professional paths for a nutritionist (i.e. clinical nutritionist, public health nutritionists, community nutritionists and food science nutritionists) and two paths for a dietician (i.e. clinical dietician and food service diet therapist). (See Fig. 1.1)

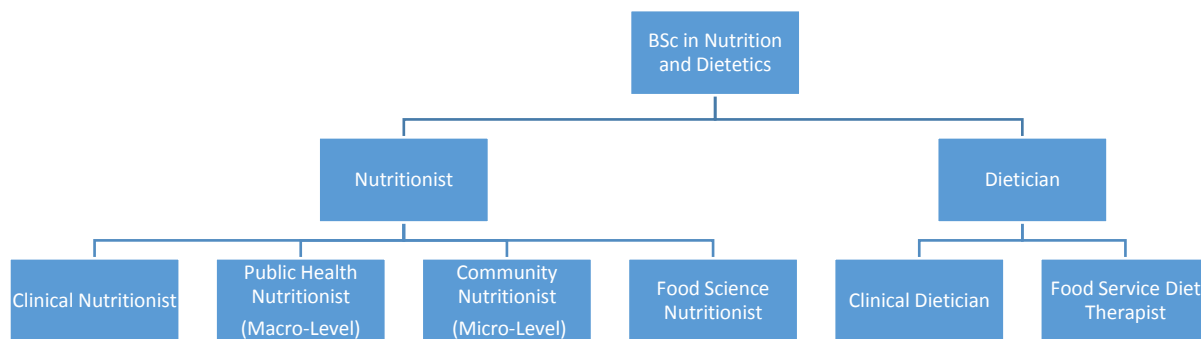


Fig. 1.1 Internship Framework for Continuous Professional Development

1.3 Approved Internship

Clinical Centres

1. Moi Teaching and Referral Hospital

2. JaramogiOgingaOdinga Teaching & Referral Hospital
3. Kakamega Provincial Hospital
4. Kisii Level 5 Hospital
5. Nyeri PGH Hospital
6. Thika Level 5 Hospital
7. Kiambu District Hospital
8. Gatundu District Hospital
9. Coast Provincial General Hospital
10. Kenyatta National Hospital
11. Nakuru County Referral Hospital
12. Kisumu East District Hospital
13. Masinde Muliro University of Science and Technology

Community/ Public Health Nutrition

1. Ageng'a KNDI Postgraduate Academy

1.4 Internship, Application, selection and placement

- All Bachelors indexed students from accredited KNDI institution will eligible to apply for internship on successful completion of the training programme. (*All graduates who graduated after 1st January 2014 MUST be indexed and go through a mandatory 1 year internship programme.*)
- Eligible candidates shall complete an internship application form (Annex G)
- Selection of the interns shall be done by accreditation board as per the guidelines.
- Qualified candidates shall be provided with a letter of offer detailing their placements.
- The host centre shall provide a letter of admission to the posted interns.
- Placement shall be done once every year in the month of July or such other interval as the institute may determine from time o time.

1.5 Medical insurance

All interns will be responsible for their own personal accident and insurance cover with details of cover during the internship period. A copy of the certificate of insurance will be filed at KNDI headquarters and the institution hosting the student on internship.

1.6 Indemnity

KNDI shall indemnify the centres against any suits, claims, costs, damages, loss/ injury caused by the Interns during the course of the internship. However, KNDI code of Ethics and Conduct documents shall normally apply for such interns during internship within the scope of their duties.

1.7 Assessment and Evaluation

- i. All interns must attain up to 80 of the total duration of internship (11 months)**
- ii. Assessment and evaluation of interns will include process and outcome evaluation dimensions. Process evaluation will incorporate day to day monitoring and feedback sessions based on prescribed tools. Outcome evaluation will include oral and professional examinations.**
- iii. Assessment tools shall include the following:**
 - Students logbooks**
 - Weekly journal**
 - Preceptor assessment sheet**
 - Final Report**

Note: Faculty members will visit interns at least 3 times during process assessments.

For:

The Chief Executive Officer

Kenya Nutritionists and Dieticians Institute