KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE Time Table for Evening Classes

Upgrade Subjects;

Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)

WEEK ONE: Basic Chemistry and English Upgrade

DATE	DAY	SUBJECT	TIME
42th O-4 2025	Manday	Basic Chemistry	4:30 – 6:30 pm
13th Oct 2025	Monday	English Upgrade	6:45 – 8:45 pm
14th Oct 2025	Tuesday	Basic Chemistry	4:30 – 6:30 pm
	Tuesday	English Upgrade	6:45 – 8:45 pm
15th Oct 2025	Wadnaaday	Basic Chemistry	4:30 – 6:30 pm
	Wednesday	English Upgrade	6:45 – 8:45 pm
16th Oct 2025	Thursday	Basic Chemistry	4:30 – 6:30 pm
	Thursday	English Upgrade	6:45 – 8:45 pm
17th Oct 2025	Friday	Basic Chemistry	4:30 – 6:30 pm
	Friday	English Upgrade	6:45 – 8:45 pm
18th Oct 2025	Coturdov	Basic Chemistry	4:30 – 6:30 pm
	Saturday	English Upgrade	6:45 – 8:45 pm
19th Oct 2025	Cundou	Basic Chemistry	4:30 – 6:30 pm
	Sunday	English Upgrade	6:45 – 8:45 pm

WEEK TWO: Basic Chemistry and English Upgrade

DATE	DAY	SUBJECT	TIME
20th Oct 2025	Manday	Basic Chemistry	4:30 – 6:30 pm
	Monday	English Upgrade	6:45 – 8:45 pm
21st Oct 2025	Tuesday	Basic Chemistry	4:30 – 6:30 pm
	Tuesday	English Upgrade	6:45 – 8:45 pm
22 nd Oct 2025	Wednesday	Basic Chemistry	4:30 – 6:30 pm
	wednesday	English Upgrade	6:45 – 8:45 pm
23rd Oct 2025	Thursday	Basic Chemistry	4:30 - 6:30 pm
	Inursday	English Upgrade	6:45 – 8:45 pm
24th Oct 2025	Evide.	Basic Chemistry	4:30 – 6:30 pm
	Friday	English Upgrade	6:45 – 8:45 pm
25 th Oct 2025 Saturday	Caturday	Basic Chemistry	4:30 – 6:30 pm
	English Upgrade	6:45 – 8:45 pm	
26th Oct 2025	Cunday	Basic Chemistry	4:30 – 6:30 pm
	Sunday	English Upgrade	6:45 – 8:45 pm

REPUBLIC OF KENYA, CAP 253B ACCREDITATION COMMITTEE

29 SEP 2025

P. O. BOX 20436 - 00100, NAIROBI



KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE

Time Table for Evening Classes

Upgrade Subjects;

Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)

WEEK THREE: Human Biology and Basic Mathematics

DATE	DAY	SUBJECT	TIME
27th Oct 2025	Monday	Human Biology	4:30 – 6:30 pm
	Wionday	Basic Mathematics	6:45 – 8:45 pm
28th Oct 2025	Monday Tuesday Wednesday Thursday Friday	Human Biology	4:30 – 6:30 pm
	ruesday	Basic Mathematics	6:45 – 8:45 pm
29th Oct 2025	5 Wadnaaday	Human Biology	4:30 – 6:30 pm
	wednesday	Basic Mathematics	6:45 – 8:45 pm
30th Oct 2025	Thursday	Human Biology	4:30 – 6:30 pm
	Thursday	Basic Mathematics	6:45 – 8:45 pm
31st Oct 2025	Eriday	Human Biology	4:30 – 6:30 pm
31 · Oct 2023	riiday	Basic Mathematics	6:45 – 8:45 pm
1st NOV 2025 Saturday	Saturday	Human Biology	4:30 – 6:30 pm
1º- NOV 2025	OV 2025 Saturday	Basic Mathematics	6:45 – 8:45 pm
2 nd NOV 2025	Sunday	Human Biology	4:30 – 6:30 pm
Z NOV 2023	Sulluay	Basic Mathematics	6:45 – 8:45 pm

WEEK FOUR: Human Biology and Basic Mathematics

DATE	DAY	SUBJECT	TIME
3rd NOV 2025	Manday	Human Biology	4:30 – 6:30 pm
3.4 NOV 2025	Monday	Basic Mathematics	6:45 – 8:45 pm
4th NOV 2025	Tuesday	Human Biology	4:30 - 6:30 pm
4 NOV 2025	Tuesday	Basic Mathematics	6:45 – 8:45 pm
5th NOV 2025	Wednesday	Human Biology	4:30 – 6:30 pm
5 NOV 2025		Basic Mathematics	6:45 – 8:45 pm
6th NOV 2025	Thursday	Human Biology	4:30 – 6:30 pm
0 NOV 2025	illursuay	Basic Mathematics	6:45 – 8:45 pm
7 th NOV 2025	Friday	Human Biology	4:30 – 6:30 pm
7 ··· NOV 2025	riluay	Basic Mathematics	6:45 – 8:45 pm
8th NOV 2025 Saturday	Caturday	Human Biology	4:30 – 6:30 pm
	Saturday	Basic Mathematics	6:45 – 8:45 pm
9th NOV 2025	Sunday	Human Biology	4:30 – 6:30 pm
9 NOV 2025	REPUBLIC OF KENYA.	Basic Mathematics	6:45 – 8:45 pm

ACCREDITATION COMMITTEE

29 SEP 2025

P. O. BOX 20436 - 00100, NAIROBI 29

KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE

Time Table for Examinations

Upgrade Subjects;

Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)

Professional Upgrade Examinations

DATE	DAY	SUBJECT	TIME
10 th Nov – 27 th Nov 2025	Ir	ndividual student revision for upgra	ade examinations
28th November 2025	Friday	English Upgrade Exams	9:00 am – 12:00 pm
Zow November 2023	Thuay	Basic Mathematics Exams	2:00 pm – 5:00 pm
29th November 2025	Saturday	Basic Chemistry Exams	9:00 am – 12:00 pm
25 November 2025	Caturday	Human Biology Exams	2:00 pm – 5:00 pm

Note:

- 1. All classes shall be conducted online via zoom platform.
- 2. Students are expected to use smart phones, tablets or laptops to attend/enroll for classes.
- 3. Students to make arrangements for their own bundles.
- 4. Students must attend all revision classes

REPUBLIC OF KENYA, CAP 253B
ACCREDITATION COMMITTEE

29 SEP 2025

P. O. BOX 20436 - 00100, NAIROBI

