

KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE

Time Table for Evening Classes

Upgrade Subjects;

Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)

WEEK ONE: Basic Chemistry and English Upgrade

DATE	DAY	SUBJECT	TIME
29 TH JUNE 2026	Monday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
30 TH JUNE 2026	Tuesday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
1 ST JULY 2026	Wednesday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
2 ND JULY 2026	Thursday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
3 RD JULY 2026	Friday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
4 TH JULY 2026	Saturday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
5 TH JULY 2026	Sunday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm

WEEK TWO: Basic Chemistry and English Upgrade

DATE	DAY	SUBJECT	TIME
6 TH JULY 2026	Monday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
7 TH JULY 2026	Tuesday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
8 TH JULY 2026	Wednesday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
9 TH JULY 2026	Thursday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
10 TH JULY 2026	Friday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
11 TH JULY 2026	Saturday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm
12 TH JULY 2026	Sunday	Basic Chemistry	4:30 – 6:30 pm
		English Upgrade	6:45 – 8:45 pm

REPUBLIC OF KENYA, CAP 253B
ACCREDITATION COMMITTEE

22 JUN 2026

P. O. BOX 20436 - 00100,
NAIROBI

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Time Table for Evening Classes

Upgrade Subjects;

Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)

WEEK THREE: Human Biology and Basic Mathematics

DATE	DAY	SUBJECT	TIME
13 th JULY 2026	Monday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
14 th JULY 2026	Tuesday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
15 th JULY 2026	Wednesday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
16 th JULY 2026	Thursday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
17 th JULY 2026	Friday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
18 th JULY 2026	Saturday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
19 th JULY 2026	Sunday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm

WEEK FOUR: Human Biology and Basic Mathematics

DATE	DAY	SUBJECT	TIME
20 th JULY 2026	Monday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
21 st JULY 2026	Tuesday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
22 nd JULY 2026	Wednesday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
20 th JULY 2026	Thursday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
21 st JULY 2026	Friday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
22 nd JULY 2026	Saturday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm
20 th JULY 2026	Sunday	Human Biology	4:30 – 6:30 pm
		Basic Mathematics	6:45 – 8:45 pm

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Time Table for Examinations

Upgrade Subjects;

Basic Mathematics, Basic Chemistry, Human Biology and English (Grammar and Writing)

Professional Upgrade Examinations

DATE	DAY	SUBJECT	TIME
27 th JULY – 12 th AUGUST 2026	Individual student revision for upgrade examinations		
13 th AUGUST 2026	Thursday	English Upgrade Exams	9:00 am – 12:00 pm
		Basic Mathematics Exams	2:00 pm – 5:00 pm
14 th AUGUST 2026	Friday	Basic Chemistry Exams	9:00 am – 12:00 pm
		Human Biology Exams	2:00 pm – 5:00 pm

Note;

1. All classes shall be conducted online via zoom platform.
2. Students are expected to use smart phones, tablets or laptops to attend/enroll for classes.
3. Students to make arrangements for their own bundles.
4. Students must attend all revision classes



